



Shravana Purnima Vrat 2029



When is **Shravana Purnima Vrat** in 2029?
August, 24 Aug, 2029

Shravana Purnima Vrat Muhurat For New Delhi, India

Poornima Tithi Begins at 06:50:13 on August 23, 2029

Poornima Tithi Ends at 07:23:20 on August 24, 2029

Purnima in the month of Shravana is known as Shravana or Shravani Poornima as per Hindu calendar. Bath, and charity and penance on this day are considered highly propitious in spiritual scriptures (Grantha). On the same day, festival of Raksha Bandhan is also celebrated. In Central and North India, the festival of Kajri Purnima is also celebrated on this day. Yagyopaveet or Upnayan Sanskar is also performing on this day. Shravana Purnima is considered highly favorable



to get rid of Chandra Dosha.

Shravana Purnima Vrat and Puja Rituals

Shravana Purnima is celebrated differently in different region. Therefore, the Pooja rituals of this Poornima are as follows:

- It is a tradition to celebrate Raksha Bandhan on this day. Hence, one should adore all Gods and Goddesses, and tie Raksha Sutra on your wrist.
- One should also do oblation for their forefathers on this day.
- Offer flour (Aatta) to ancestors granules and roti to fishes and cows.
- On Shravana Purnima, Moon is in its complete essence (qualities). So, a person is freed from Chandra Dosha by worshipping Moon on this day.
- God Vishnu and Goddess Lakshmi are also worshipped on this Purnima and bless people with happiness, money and affluence.
- As Lord Shiva is specially worshipped in the month of Shravana, so it is considered highly favorable to do the Rudrabhishek of Shiv ji on this day.

Kajri Purnima

On the time of Shravana Purnima, Kajri Poornima is also celebrated in some regions of Central India and North India. Women sow barley by putting soil in a vessel made from leaves on Navami and immerse (Visarjan) them in the river with lots of celebrations on the day of Poornima. They fast on this day for the long life and joy of their children.

Significance of Shravana Purnima

Shravana Purnima is celebrated according to different spiritual beliefs in different region of India. It is celebrated as Raksha Bandhan in North India, Nariyal Purnima and Avani Avittam in South India, as Kajri Poonam in Central India and as Pavitropana in Gujarat. On the favorable time of Ashadha Purnima, the pious journey of Amarnath (Amarnath Yatra) commences and it also



concludes on Shravana Purnima. On the same day, water is offered to the Shivling and Kavadi Yatra ends.

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19 Aug, 2025



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21 Aug, 2025



Bhadrapada Amavasya
23 Aug, 2025



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26 Aug, 2025



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27 Aug, 2025



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