

#### Kamika Ekadashi Vrat 2028



# When is Kamika Ekadashi Vrat in 2028? July, 18 Jul, 2028

Kamika Ekadashi Vrat Muhurat For New Delhi, India

Kamika Ekadashi Parana Time: 05:35:24 to 08:20:09 on 19th, July

**Duration: 2 Hour 44 Minute** 

Kamika Ekadashi is also known by the name of Pavitra Ekadashi. Upendra avatar of Lord Vishnu is worshipped on this day. By fasting for this Ekadashi, an obstacle of previous life gets removed. The result of this sacred Ekadashi Vrat is equal to the virtue acquired from donating thousands of cow and is known to be best in both the worlds. This Ekadashi brings affluence and happiness in life.





#### Kamika Ekadashi Vrat Puja Vidhi

Fast perform on this Ekadashi destroys all sins and sufferings and brings affluence. Kamika Ekadashi Vrat Vidhi is as follows:

- 1. After take a bathing early in the morning, vows for the fast, and then, worship Lord Vishnu.
- 2. Offer fruits, sesame seeds (til), flowers, milk and Panchamrit to God.
- 3. On the day of fast, recite the name of Lord Vishnu and do prayers (bhajan-Kirtan). Read Vishnu Sahasranama.
- 4. Next day on Dwadashi, offer food and donation to Brahmin. Then only, eat your own meal.

### Significance of Kamika Ekadashi Vrat

Worshipping Lord Vishnu on Kamika Ekadashi is considered extremely helpful. With its impact, all unfinished tasks get fulfilled. Worshipping god Vishnu on this day not only profit a devotee, but also ends the sufferings of his/her forefathers. On the occasion of Kamika Ekadashi, taking a bath in a lake, river, or pond at pilgrim places and reap fruits equivalent to Ashwamedha Yagya.

If you want to mollify Shri Vishnu Ji, worship him using Basil leaves (Tulsi Patra). This will not only please him, all your suffering will end as well. Listening the story of Kamika Ekadashi is equal to performing a Yagya.

#### Kamika Ekadashi Vrat Katha

During the Mahabharata time, Dharmraj Yudhishthira said to Shri Krishna, "O Lord, please tell me the story and significance of Kamika Ekadashi." God Krishna said- "Brahma ji himself had narrate the story of this Ekadashi to Devarshi Narad, so I will also tell you the same."

There was a time when Narad ji expressed his wish to hear the story of Kamika Ekadashi from Brahma ji. Then, Brahma ji said- "O Narada! Just by listening to the story of Kamika Ekadashi fast, fruits of Vajpayee Yagya are obtained." Chakra, Shankha and Gadadhari Lord Vishnu is worshipped on this day.





Fruits gained by bathing in pilgrimages like Kashi, Naimisharanya, Ganga, and Pushkar are also obtained from worshipping God Vishnu. The person afraid of his/her sins must do Kamika Ekadashi fast. The God himself has said that people performing Kamika Fast does not get born into inferior life. Any person who offers Basil leaves (Tulsi Patra) devotedly to Lord Vishnu on this Ekadashi fast obtains good results and luck.

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