

Jaya Ekadashi 2029



When is Jaya Ekadashi in 2029? January, 26 Jan, 2029

Jaya Ekadashi Vrat Muhurat For New Delhi, India

Jaya Ekadashi Parana Time: 07:12:02 to 09:20:49 on 27th, January

Duration: 2 Hour 8 Minute

On Jaya Ekadashi, Lord Vishnu is worshipped with full affection and offered items such as flowers, water, vermillion, rice and other scented things. Fast of Jaya Ekadashi is known to be very holy and bear many high-quality fruits. It is supposed that by fasting with full affection on this day, the devotee becomes protected from other soul way such as ghosts, vampires etc.



Jaya Ekadashi Fast & pooja Vidhi

This ritual is followed when fasting and worshipping Lord Vishnu:

- 1. For fasting, the devotee must intake Satvik or simple food on the day before Jaya Ekadashi, i.e. 10th day or Dashmi.
- 2. Take a resolution after bathing early morning, offer scented sticks, Diyas, fruits and Panchamrit to Lord Vishnu's avatar Shri Krishna.
- 3. Hail Lord Vishnu during the Jagran at night.
- 4. Feed a needy person or Brahmin on twelfth day (Dwadashi), do charity and break your fast.

Historical Legend of Jaya Ekadashi Vrat

There was congratulation happening within the court of Indra with Gods, saints, divine men present at the function. During that time, Gandharvas were sung songs and Gandharva girls were dancing. Amongst these, there was a man named Malyawan who used to sing very beautifully apart from being handsome. On the other hand, there was a girl named Pushyawati amongst the Gandharva girls. After seeing each other, both lost their rhythm, which infuriated Lord Indra, who cursed them that they will be deprived of heaven and live a scorching life in hell.

Due to the curse's effects, they both went to hell and suffered a lot. Living there was very dolorous and they were sad. One day, Jaya Ekadashi arrived, and throughout the whole day, both ate fruits only once and regret at night while praying to god. By next morning, both were dead.

Unknowingly, they carried out the Jaya Ekadashi fast, got rid of ghostly spirits and finally went to heaven.

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Parsva Ekadashi Vrat 03 Sep, 2025





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