

#### Hanuman Jayanti 2024



# When is Hanuman Jayanti in 2024? April, 23 Apr, 2024

Hanuman Jayanti For New Delhi, India

Poornima Tithi Begins at 03:27:59 on April 23, 2024 Poornima Tithi Ends at 05:20:30 on April 24, 2024

Hanuman Jayanti is celebrated as the birthday of Lord Hanuman. On this day, the devotees keep Vrat. Every year, Hanuman Jayanti happens on the full moon day of the Hindu month Chaitra. At some places, Hanuman Jayanti is celebrated on the 14th day of the dark fortnight in the Hindu month Kartik.



#### Fasting & Worship Procedure

You must be wondering how to celebrate Hanuman Jayanti. So, find the Vrat (fasting) and Pooja Vidhi (worship rituals) below:

- 1. In this fast, the Tatkalik Tithi (Ratrivyapini) is taken.
- 2. On the night before the fast, sleep on the floor after remembering Sita-Ram and Hanuman.
- 3. After waking up early morning, once again remember or thinking Ram-Sita and Hanuman.
- 4. Take shower and get ready quite early in the morning.
- 5. Now, take Sankalp for the fast with water in hand.
- 6. After that, sit close to the east direction posited idol or picture of Lord Hanuman. Face toward east or north while sitting.
- 7. Pray to the Lord Hanuman in the most polite possible way.
- 8. Ahead, worship him following all the rituals of Shodashopachara (the 16 rites).

#### Legend

Anjana was an Apsara, she took birth on earth due to a curse. She could only get rid of this curse after giving birth to a son. According to the Valmiki Ramayana, the father of Hanuman was Kesari, the King of the place Sumeru. Kesari was the son of Brihaspati. Anjana prayed to Shiva for 12 long years in the desire of a son. As a result, she got Hanuman. It is believed that Hanuman is the incarnation of Shiva.

May you get blessed by the Lord Hanuman on Hanuman Jayanti.

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